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Summary

COLECTOMY INDICATIONS DURING ULCERATIVE COLITIS : A TWENTY-YEAR RETROSPECTIVE FROM A UNIVERSITY HOSPITAL CENTER

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A 20-year retrospective study of 286 ulcerative colitis patients shows shifting surgical indications from refractory disease toward severe acute colitis and neoplastic lesions, with increased laparoscopy use and reduced morbidity despite greater biologic exposure.

KEY POINTS

- Colectomies for refractory chronic colitis declined while those for severe acute colitis or neoplastic lesions increased over the two-decade period from 2003 to 2023.
- Laparoscopy use increased from 47.7% to 81.4% while laparotomy decreased from 52.3% to 18.6%.
- Severe early complications following colectomy fell from 12.6% to 5.5%, average late complications decreased from 1.6 to 0.8, and late reoperation rate decreased from 38.6% to 19.5%.
- Infectious complications increased from 27% to 45.7%, and infliximab use considerably increased after 2013 in severe acute colitis cases.
- The study included 286 patients with a median age of 40 years and 57% male, with no significant difference in 30-day mortality between periods.

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