

Joint ESPGHAN/NASPGHAN Guidelines on Childhood Eosinophilic Gastrointestinal Disorders Beyond Eosinophilic Esophagitis

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Standards and Guidelines

Immunology

Paediatrics

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ESPGHAN and NASPGHAN published consensus-based clinical practice guidelines for childhood non-eosinophilic esophagitis eosinophilic gastrointestinal disorders (non-EoE EGIDs), addressing a gap where no prior evaluation guidelines existed.

KEY POINTS

- Non-EoE EGIDs are rare chronic inflammatory disorders of the gastrointestinal tract diagnosed by clinical symptoms and histologic eosinophilic inflammation after excluding secondary causes or systemic disease
- The guidelines developed 34 evidence-based statements and 41 recommendations based on expert opinion and best clinical practices, covering disease pathogenesis, epidemiology, clinical manifestations, diagnostic procedures, disease surveillance, and treatment options
- The literature on non-EoE EGIDs is limited in scope and depth, making clear recommendations difficult
- The guidelines aim to assist clinicians caring for affected children and to facilitate high-quality randomized controlled trials using standardized disease definitions

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