

DIRECT HEALTHCARE COSTS OF EOSINOPHILIC ESOPHAGITIS IN THE FIRST YEAR AFTER DIAGNOSIS: A REAL-WORLD ANALYSIS FROM THE EUREOS EOE CONNECT REGISTRY

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Poster

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A Spanish real-world study of 302 EoE patients found mean first-year healthcare costs of €1,842 per patient, with 68% attributable to upper GI endoscopies, yet over one-third remained with active disease at one year.

KEY POINTS

- Upper GI endoscopies (including biopsies) accounted for 68% (€1,253) of total first-year costs, followed by medical visits at 16% (€293) and pharmacy treatments at 11% (€198).
- Despite high healthcare resource utilization, 61% of patients achieved clinico-histological remission at one year while 28% never achieved remission and 10% relapsed after initial remission.
- Pediatric patients incurred significantly higher costs than adults (€2,102 vs. €1,784, $p=0.002$), primarily due to anesthesia and hospital stay for recovery after endoscopy.
- Patients treated at high-volume centers had significantly higher costs than those at low-volume sites (€1,941 vs. €1,724, $p=0.002$), with no cost differences observed between EoE phenotypes.
- This study is relevant to healthcare administrators and gastroenterologists managing EoE in European settings where real-world cost data have been lacking.

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