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Summary

Obesity part 1: Surgical and endoscopic treatment

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Obesity part 1: Surgical and endoscopic treatment | Online Course

Endoscopy | Surgery

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This educational course covers endoscopic and surgical management of severe obesity in Europe, where nearly six in ten adults have overweight or obesity and more than 1.2 million annual deaths are attributable to it.

KEY POINTS

- Part 1 reviews endoscopic bariatric therapies including intragastric balloons, gastric remodelling with Apollo, Endomina and POSE platforms, and small bowel devices such as duodenal-jejunal bypass liner and duodenal mucosal resurfacing
- Surgical content covers current IFSO/ASMBS referral thresholds, matching sleeve gastrectomy, Roux-en-Y gastric bypass and hypoabsorptive procedures to individual patients, preoperative optimisation and ERAS, and atypical presentation of leaks and internal hernia
- Dedicated sessions address endoscopic sleeve gastroplasty in MASH, revisional endoscopy for weight regain after surgery, nutritional monitoring, management of gastro-oesophageal reflux disease and weight regain, and combination therapy with anti-obesity medications
- The course includes a round-table on future directions for drugs, endoscopy and surgery, with Part 2 on pharmacological treatment following in 2027
- This course is suitable for gastroenterologists, bariatric surgeons, endocrinologists, hepatologists, dietitians, bariatric nurse specialists and medical students

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