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Summary

Mistakes in microscopic colitis and how to avoid them

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Mistakes In Articles

IBD

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Microscopic colitis is an inflammatory bowel disease causing chronic watery diarrhoea, with incidence rates now exceeding classic IBD in some countries and diagnosis requiring colonoscopy with biopsy.

KEY POINTS

- Colonoscopy with biopsy samples is the only way to diagnose microscopic colitis.
- Incidence rates of microscopic colitis have been increasing and exceed those of classic IBD in some countries.
- Histology distinguishes three subtypes: lymphocytic colitis, collagenous colitis, and the more recently introduced incomplete microscopic colitis.
- Once believed rare, microscopic colitis has received more attention in recent decades.

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