

MULTIDISCIPLINARY APPROACH IN EOSINOPHILIC OESOPHAGITIS CARE: HOW TO IMPROVE DIAGNOSIS AND MANAGEMENT

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UEG Week Copenhagen 2023

Poster

Oesophagus

October 15, 2023

A retrospective study of 98 eosinophilic esophagitis patients managed by a multidisciplinary team found high prevalence of co-existing conditions and reduced diagnostic delay compared to published literature.

KEY POINTS

- 82% of patients had allergic diseases, 52% required nutritional support, and 64% needed psychological support for disease-related issues
- Mean time to diagnosis was 2.25 months for the 13 patients evaluated with the multidisciplinary approach from initial presentation, compared to 3 years diagnostic delay reported in literature
- 43% of patients were referred by members within the multidisciplinary team, which included gastroenterologist, allergist, dietitian, psychologist, and endoscopist
- The study included 98 patients (76 males, 22 females) with mean age at diagnosis of 25 years, referred between September 2016 and April 2023
- The authors conclude that a multidisciplinary team approach enables shared decision-making and may reduce diagnostic delay in eosinophilic esophagitis management

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