OESOPHAGEAL FOOD BOLUS OBSTRUCTION IN THE NORTH DENMARK REGION IN 2021 - MORE THAN HALF OF PATIENTS WERE NEVER DIAGNOSED WITH A CAUSE, OR BIOPSIED IN THE OESOPHAGUS

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Oesophagus

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A 2021 registry study of food bolus obstruction in North Denmark found that national guidelines for follow-up endoscopy and biopsy were not followed in 30% and 51% of cases respectively, and most patients were never diagnosed with a cause.

KEY POINTS

- 30% of patients did not undergo upper endoscopy within 2 weeks as recommended by national cancer guidelines, and 51% were never biopsied in the oesophagus as recommended by eosinophilic oesophagitis guidelines
- 65.1% of patients hospitalized for food bolus obstruction were never diagnosed with a cause
- The median age of patients presenting with food bolus obstruction was 66.0 years, and 55% had experienced food bolus obstruction before
- Endoscopic removal was required in only half of patients with food bolus obstruction
- This registry-based study examined all acute hospital visits in the North Denmark Region population of 580,000 citizens in 2021

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