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Summary

PATIENTS WITH EOSINOPHILIC OESOPHAGITIS IN DENMARK HAVE HIGHER USE OF PSYCHOTROPIC DRUGS: A DANISH NATIONWIDE STUDY OF PSYCHOTROPIC DRUG USE IN 3,367 PATIENTS AND 16,835 MATCHED COMPARATORS

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UEG Week Copenhagen 2023 | Poster

Oesophagus

October 15, 2023

A Danish nationwide register study found that psychotropic drug use was 94% more common among eosinophilic oesophagitis patients after diagnosis compared to the general population.

KEY POINTS

- The five-year incidence of psychotropic drug use was 13.8% in EoE patients versus 7.1% in matched comparators, with a hazard ratio of 1.83 (95% CI 1.6-2.0, P ≤ 0.001).
- Antidepressants were the most frequently prescribed psychotropic drug class, while antipsychotics were the least prescribed.
- Increasing age, lower educational level, and comorbidity (Charlson Comorbidity Index score ≥1) were associated with psychotropic drug prescription in EoE patients.
- The risk of psychotropic drug use was lower in men compared to women with EoE.
- The study was a nationwide, population-based Danish register study including 3,367 EoE patients and 16,835 age- and sex-matched comparators.

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