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Summary

THERE IS A LONG WAY FROM CURRENT CLINICAL PRACTICE IN DENMARK COMPARED TO RECENT PUBLISHED ENGLISH GUIDELINE ON MANAGEMENT OF CHILDREN WITH EOSINOPHILIC OESOPHAGITIS

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Oesophagus

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A retrospective Danish cohort study of 31 children with eosinophilic esophagitis diagnosed 2007-2021 found that current clinical practice in North Denmark Region differs significantly from 2022 British treatment and follow-up guidelines.

KEY POINTS

- Only 32% of children received first-line treatment corresponding to the new English guideline recommendations, and one in six children were never started on any treatment despite treatment being recommended.
- Histologic follow-up within 12 weeks was completed in only 13% of all children and 15% of children diagnosed after 2017, well below guideline standards.
- Combined symptomatic and histologic remission after first-line treatment was achieved in only 6% of children.
- The authors conclude that focus on improving eosinophilic esophagitis treatment and follow-up for children is needed in Denmark, where no national guidelines currently exist.
- This material is most relevant to pediatric gastroenterologists and healthcare policymakers addressing eosinophilic esophagitis management gaps in Denmark.

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