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Summary

GREEK TRANSLATION AND PSYCHOMETRIC VALIDATION OF A BOWEL PREPARATION TOLERABILITY QUESTIONNAIRE FOR COLONOSCOPY

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The Greek version of the Bowel Preparation Tolerability Questionnaire demonstrated satisfactory psychometric properties as a validated tool to assess patient-reported tolerability of bowel preparation for colonoscopy.

KEY POINTS

- Internal consistency was satisfactory (Cronbach's α = 0.70) and test-retest reliability was excellent (κ > 0.80; ICC > 0.9), indicating high stability between administrations.
- Construct validity was confirmed with significant negative correlations between all questionnaire items and the visual analogue scale, showing that higher intolerance scores corresponded to lower perceived tolerability.
- The validated questionnaire provides a structured and multidimensional assessment of tolerability compared with traditional subjective measures.
- Implementation may improve clinical decision-making, support individualized selection of bowel preparation regimens, and enhance patient compliance, thereby contributing to improved colonoscopy quality and outcomes.
- The tool can be used as a reliable and culturally appropriate instrument to assess patient tolerability of bowel preparation in clinical and research settings in Greek-speaking populations.

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