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Summary

A PROSPECTIVE, PILOT, REAL-WORLD STUDY TO ASSESS THE PRESENCE AND SEVERITY OF URGENCY IN PATIENTS WITH CROHN'S ILEITIS

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A prospective pilot study of 85 patients with isolated ileal Crohn's disease found that only 10% with active disease and 12% in remission reported moderate to severe urgency, questioning its reliability as a patient-reported outcome in this population.

KEY POINTS

- Among 85 patients with isolated ileal Crohn's disease (excluding colonic, rectal, or perianal involvement), 5 of 50 (10%) with active flares and 8 of 65 (12%) in remission reported moderate to severe urgency.
- Six of eight patients in remission who reported urgency had concurrent irritable bowel syndrome-type symptoms including abdominal pain relieved by defecation and alternating bowel habits.
- The study excluded patients with colonic, rectal, or perianal disease and documented ileal-only location by ileocolonoscopy, histology, and imaging.
- The authors conclude the findings question the reliability of urgency as a classical patient-reported outcome in ileal Crohn's disease and suggest validation in larger studies is needed.

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