

Mistakes in gastroscopy and how to avoid them

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Mistakes In Articles

Endoscopy

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This article addresses common pitfalls and misdiagnoses in upper GI-endoscopy performance, emphasizing that gastroscopy should not be treated as routine despite being frequently performed.

KEY POINTS

- Several pitfalls in gastroscopy performance can cause serious problems or misdiagnoses, including struggles in accurately describing and classifying abnormal findings.
- Key technical concerns include correct endoscope introduction technique and proper investigation of the mucosal surface using available imaging modalities such as virtual chromoendoscopy or magnification.
- Critical decisions must be made immediately during endoscopy, including which classification systems to use and whether to take biopsies, as biopsies may interfere with later endoscopic resection.
- The article highlights the most common clinically relevant mistakes in gastroscopy and provides guidance on how to avoid them, intended for gastroenterologists performing upper endoscopy.

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