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Summary

Anal rejuvenation

Belisa Müller

UEG Week Barcelona 2026 | Presentation

Digestive Oncology | Colorectal

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The speaker presented techniques for treating anal skin tags, perianal hyperpigmentation, and pain during anal intercourse using CO2 laser and botulinum toxin, emphasizing patient-centered care focused on comfort and function rather than cosmetic perfection.

KEY POINTS

- The speaker uses CO2 laser for anal skin tag removal in awake patients, applying 4-5W power in continuous and ultra-pulsed modes, with final results expected in 3-4 weeks and anal fissure as the main complication
- For perianal skin lightening, the speaker employs fractional CO2 laser with laser-assisted drug delivery of melanogenesis-blocking compounds, requiring 1-3 sessions, though the procedure is not recommended for Fitzpatrick skin types 5 and 6
- The speaker applies approximately 30 units of botulinum toxin in the intersphincteric space for pain during receptive anal intercourse caused by sphincter hypertonia, reviewing patients at 20 days for potential top-up dosing
- A UK study cited by the speaker found that only 25% of colorectal surgeons routinely ask young women with anal fissure about anal intercourse and 31% never ask
- The speaker emphasized that patients seek comfort and normal function rather than an ideal appearance, stating that sometimes no treatment is the right answer and clinicians need to create a safe space for patients to discuss concerns

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