

Mistakes in inflammatory bowel disease and reproduction and how to avoid them

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Mistakes In Articles

IBD

Primary Care

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Disease activity during pregnancy is the most important risk factor for adverse pregnancy outcomes in patients with inflammatory bowel disease.

KEY POINTS

- Inflammatory bowel disease is a chronic relapsing gastrointestinal disease that often affects young people during their fertile years and typically requires lifelong medical treatment.
- Disease activity at the time of conception and during pregnancy is associated with negative pregnancy outcomes including spontaneous abortion, preterm delivery, and low birth weight.
- Questions about fertility and pregnancy frequently arise in patients with IBD given the chronic nature of the disease and the age group it affects.

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