

## PREVALENCE OF BURNOUT SYNDROME IN A TERTIARY UNIVERSITY CENTRE IN ROMANIA

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**An observational study of 64 physicians at a Romanian tertiary gastroenterology centre found that 90.62% scored low for personal achievement, 20.3% had high depersonalization, and 17.18% had high emotional exhaustion on the Maslach Burnout Inventory.**

### KEY POINTS

- Among 64 gastroenterology physicians surveyed, 58 (90.62%) scored low for personal achievement, 13 (20.3%) had high depersonalization, and 11 (17.18%) had high emotional exhaustion.
- Statistically significant correlations were found between personal accomplishment and exhaustion scores ( $P=0.007$ ) and between personal accomplishment and depersonalization scores ( $P<0.001$ ).
- The authors state that physicians with high burnout levels have been shown to commit more medical errors and conclude that the high rate of burnout requires careful attention.
- The authors recommend further studies to identify contributing factors and measures to combat burnout, and suggest professional societies should be involved in finding solutions.

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