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Summary

COMMUNICATION GAP BETWEEN PATIENTS AND HEALTH CARE PROFESSIONALS ON BOWEL URGENCY WITH FOCUS ON CROHN'S DISEASE: RESULTS FROM THE COMMUNICATING NEEDS AND FEATURES OF IBD EXPERIENCES (CONFIDE) SURVEY

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IBD

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The CONFIDE survey reveals that bowel urgency is the second most common symptom among patients with moderate-to-severe Crohn's disease but is underrecognized by healthcare professionals, indicating a significant communication gap.

KEY POINTS

- Bowel urgency was reported by 42% of US and 38% of EU5 patients with Crohn's disease as a current symptom, making it the second most common symptom after diarrhea.
- Among patients receiving advanced therapies, 46% of US and 39% of EU5 patients still experienced bowel urgency, yet only 19% of US and 16% of EU5 healthcare professionals ranked it among the top three symptoms.
- Most patients who experienced bowel urgency were not completely comfortable discussing it with healthcare professionals (only 40% US and 27% EU5), with embarrassment being the primary barrier (73% US, 64% EU5).
- One-third of US and 40% of EU5 healthcare professionals reported not proactively discussing bowel urgency, most commonly because they expected patients to raise the issue themselves.
- This analysis of surveys from 215 US and 547 EU5 patients and 200 US and 503 EU5 healthcare professionals highlights a communication gap that may lead to underappreciation of bowel urgency's impact on patients' daily lives.

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