

ASSESSING ERGONOMICS KNOWLEDGE AMONG GASTROENTEROLOGY FELLOWS: A CALL FOR CURRICULUM INTEGRATION

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A survey of 85 gastroenterology fellows from four university hospitals found significant gaps in ergonomics knowledge despite widespread interest in training and adoption of some ergonomic practices during endoscopy.

KEY POINTS

- 99% of fellows had not received formal ergonomics training during their fellowship, and only 22.5% were aware of the risk of developing musculoskeletal disorders related to endoscopy practice
- Knowledge scores were generally low, with 20% of participants scoring below 25% correct answers and 64% scoring between 25% and 50%
- Despite limited theoretical knowledge, many fellows reported implementing certain ergonomic practices: 91.7% regularly adjusted bed height, 83.5% adjusted screen position, and 75.3% adjusted screen height
- 96.5% of fellows expressed interest in receiving formal ergonomics training and 89.4% believed that ergonomic adaptations could help reduce the risk of musculoskeletal disorders
- This material would be most relevant to gastroenterology training program directors and educators developing curricula for procedural skills and occupational health

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