

Mistakes in constipation and how to avoid them

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Mistakes In Articles

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This article identifies ten common mistakes in managing constipation and provides guidance on how to avoid them based on recent studies and clinical guidelines.

KEY POINTS

- Constipation is a common condition affecting people of all ages worldwide, with higher prevalence in women and increasing frequency with age
- The condition has multiple causes and various diagnostic and treatment options are available
- Due to its high frequency and chronic nature, managing constipation can lead to common mistakes that the article aims to help clinicians avoid

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