

## SAFETY AND FEASIBILITY OF OUTPATIENT FULL-THICKNESS RESECTION FOR COLORECTAL LESIONS: THE SOFT STUDY

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Poster

Colorectal

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**A multicentre Italian retrospective study found that endoscopic full-thickness resection for difficult colorectal lesions performed in an outpatient setting showed similar safety and efficacy outcomes to hospital-based procedures.**

### KEY POINTS

- Among 168 patients undergoing non-exposed EFTR for lesions less than 30 mm, no statistically significant differences were observed between outpatient and hospital settings for mild, moderate, or severe adverse event rates.
- R0 resection rates were comparable between outpatient and hospital groups at 89.3% versus 87.8%, with technical success rates of 96.8% versus 100%.
- Recurrence rates at 12 months showed no significant difference at 7.5% for hospital setting versus 4.2% for outpatient setting.
- The authors conclude that outpatient EFTR with direct access to endoscopic services for post-procedure management may offer a cost-effective alternative to hospitalization, though prospective studies are needed for confirmation.
- This retrospective analysis may interest gastroenterologists considering outpatient pathways for endoscopic full-thickness resection in experienced centers.

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