

WHAT DO PATIENTS THINK OF CYTOSPONGE?: SURVEY OF 829 PATIENTS IN AN ESTABLISHED EARLY DIAGNOSIS UPPER GI SERVICE

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Poster

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A survey of 829 patients at a UK district general hospital found high acceptability of Cytosponge for reflux symptom investigation and Barrett's surveillance, with 94% willing to repeat the procedure and 86% of those with prior gastroscopy preferring Cytosponge.

KEY POINTS

- Of 829 survey respondents, 778 patients (94%) would be willing to have a Cytosponge again, and only 20/816 (2.5%) felt the test was unacceptable.
- Among the 54% of patients who had previously undergone gastroscopy, 329/383 (86%) preferred Cytosponge to gastroscopy.
- Discomfort was reported as none by 15%, mild or minimal by 77%, moderate by 3%, and severe or significant by 5% of respondents.
- The survey was conducted between May 2021 and April 2023 at a district general hospital serving 600,000 people, where Cytosponge was used as initial investigation for reflux symptoms and Barrett's surveillance.
- The authors describe this as the largest single-site real-world dataset on Cytosponge acceptability and suggest the findings support its use in Barrett's surveillance programmes.

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