

Best of UEG Week 2024 Roberta Maselli on "Endoscopy"

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Podcast Episode

Endoscopy

October 23, 2024

A therapeutic endoscopist discusses emerging trends in endoscopy at UEG Week Vienna, focusing on artificial intelligence integration, prophylactic defect closure after colorectal ESD, and multidisciplinary patient-centred approaches to obesity management.

KEY POINTS

- The guest argues that artificial intelligence should be integrated into daily endoscopic practice for both diagnostic and therapeutic applications, democratising skills and supporting training, though emphasising that human factors remain the foundation.
- The EPOC study from Japan, a randomised trial comparing closure versus non-closure in colorectal ESD, suggests that closing every resection defect may prevent delayed bleeding complications, enable faster discharge, and improve patient recovery.
- The guest observed presentations on intramuscular dissection in the gastric side from colleagues in India, noting that endoscopy is becoming more surgically aggressive while remaining minimally invasive, though robust long-term data on indications are needed.
- Obesity management sessions highlighted the importance of multidisciplinary collaboration across surgery, medication, lifestyle, and bariatric endoscopy, with the central message that different procedures suit different patients and combination approaches may be necessary.
- The episode will interest therapeutic endoscopists and those involved in advanced resection techniques, AI implementation, or bariatric care.

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