

ESPEN guideline on clinical nutrition in hospitalized patients with acute or chronic kidney disease

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Standards and Guidelines

Small Intestine & Nutrition

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This ESPEN guideline provides evidence-based recommendations for clinical nutrition in hospitalized patients with acute kidney disease and chronic kidney disease, updating previous 2006 and 2009 guidelines on nutrition in adult renal failure.

KEY POINTS

- The guideline addresses nutritional care for hospitalized patients with acute kidney disease (including acute kidney injury) and chronic kidney disease across nephrology wards, medicine wards, surgical wards, and intensive care units
- Acute kidney disease and chronic kidney disease have important metabolic and nutritional consequences in hospitalized patients
- Kidney replacement therapy, regardless of modality, has possible impact on nutritional profiles, substrate balance, and nutritional treatment processes
- The guideline represents a framework of evidence and expert opinions using structured consensus, reflecting significant patient heterogeneity and limited high-quality evidence
- The guideline does not address stable outpatient chronic kidney disease, kidney transplantation nutrition, or pediatric kidney disease

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