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Summary

# EXOCRINE PANCREATIC INSUFFICIENCY IN DIABETIC PATIENTS AND ITS RELATIONSHIP WITH DIABETES MELLITUS COMPLICATIONS

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**A cross-sectional study of 188 diabetic patients found exocrine pancreatic insufficiency more frequently in those with cardiovascular disease and in type 2 diabetes patients requiring insulin.**

## KEY POINTS

- EPI prevalence was significantly higher in T2DM patients taking insulin compared to those not taking insulin (22.3% vs 6.5%, p=0.020).
- Diabetic patients with cardiovascular disease had higher rates of EPI than those without cardiovascular disease (30.2% vs 14.4%, p=0.02).
- The study evaluated 188 diabetic patients (81.9% T2DM, 18.1% T1DM) with diabetes duration of at least 5 years using fecal elastase-1 testing.
- The authors concluded that EPI should be considered in diabetic patients with cardiovascular complications and in T2DM patients who need insulin treatment.

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