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Summary

DEVELOPING PRACTICE GUIDANCE AND RECOMMENDATIONS FOR THE MANAGEMENT OF NAFLD IN PRIMARY CARE: CONSENSUS RESULTS

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Hepatobiliary

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An international expert panel developed 14 consensus-based practice recommendations for screening, diagnosis, referral and management of non-alcoholic fatty liver disease in European primary care using a modified Delphi process.

KEY POINTS

- A panel of 15 experts from 6 countries representing family medicine, gastroenterology, hepatology, cardiology and public health participated in a two-round Delphi consensus process
- 14 of 15 initially drafted statements achieved consensus with high agreement exceeding 90 percent after discussion and modification during an eight-hour hybrid meeting
- The approved recommendations cover NAFLD risk assessment, diagnosis, referral to specialists, management, treatment, surgical management and integrated care
- The recommendations were developed to address insufficient attention to NAFLD in European primary care where a large proportion of cases go undiagnosed or receive late diagnosis
- The work was funded by an unrestricted research grant from GILEAD Sciences Inc to the University of Crete

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