

Consequences of proctology surgery (LARS)

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Online Course

Surgery

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Low Anterior Resection Syndrome (LARS) is a common and persistent spectrum of bowel dysfunction affecting the majority of patients after rectal surgery despite sphincter-preserving techniques.

KEY POINTS

- LARS includes symptoms of incontinence, constipation, urgency, and stool clustering that can severely impact quality of life.
- The prevalence of LARS is alarmingly high, affecting a majority of patients undergoing rectal surgery.
- Symptoms can persist for years after surgical treatment.
- This material is intended for gastroenterologists, colorectal surgeons, oncologists, nurses, stoma therapists, and primary care physicians.

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