

YOUTUBE® IN SPANISH AS AN INFORMATION SOURCE FOR PATIENTS WITH AUTOIMMUNE HEPATITIS

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Poster

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An observational study of 100 Spanish-language YouTube videos on autoimmune hepatitis found that most have good reliability, comprehensiveness, and quality, with videos by professional organizations scoring highest.

KEY POINTS

- One hundred videos in Spanish about autoimmune hepatitis on YouTube were analyzed using standardized tools for reliability (DISCERN), comprehensiveness, and overall quality (Global Quality Score).
- 93% of videos provided information from healthcare professionals and 7% reflected patient opinions, with healthcare professional videos showing higher median reliability (DISCERN 4 vs 2, $P \leq .05$) and comprehensiveness (4 vs 2, $P \leq .05$) but similar overall quality.
- Videos by professional organizations had higher reliability (DISCERN 4, IQR 3-4) and comprehensiveness (4.5, IQR 3-5) compared with those by independent users, healthcare information websites, and for-profit organizations (DISCERN 3, IQR 2.5-3.5, $P < .001$).
- Videos made by for-profit organizations had the lowest scores for reliability (DISCERN 2, IQR 1.5-3), comprehensiveness (2, IQR 1.5-2.5), and quality (GQS 2.5, IQR 1.5-3.5).
- This study addresses a gap in knowledge about Spanish-language online health information for patients with autoimmune hepatitis and may be relevant to clinicians counseling patients about online resources.

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