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Summary

PARADUODENAL PANCREATITIS: PRELIMINARY DATA FROM AN ITALIAN MULTICENTRE REGISTRY

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Pancreas

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A multicentre Italian registry of 208 paraduodenal pancreatitis patients found this uncommon disease predominantly affects males with alcohol and smoking history, with conservative treatment used in 54.3% of cases.

KEY POINTS

- 208 patients (87.5% male) from 16 Italian centres were included, with mean age at diagnosis of 51 years, 88.4% with history of alcohol abuse and 89% with smoking history.
- Clinical presentation included abdominal pain (89.1%), nausea (47.1%), vomiting (32.6%), and jaundice (18.5%), with mean time from clinical presentation to diagnosis of 18 months.
- 23.6% of patients had exocrine pancreatic insufficiency at diagnosis, while another 49 patients developed it during follow-up at a mean time of 17.1 months; among those with EPI at diagnosis, 38.8% recovered.
- 6 patients (3%) developed pancreatic cancer after a mean time of 10.3 months from PP diagnosis.
- Conservative treatment was used in 54.3% of cases, surgery in 17.3%, and endoscopic therapy in 16.35%, with mortality of 4.8% over a median follow-up of 36 months.

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