

European Society of Coloproctology guidelines for the management of pilonidal disease

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Standards and Guidelines

Surgery

Colorectal

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Clinical practice guidelines for pilonidal disease aim to provide internationally collaborated management recommendations for a benign natal cleft condition that lacks standardized treatment consensus despite increasing incidence.

KEY POINTS

- Pilonidal disease is a benign condition affecting the natal cleft, typically in young men and women aged 20 to 40 years
- Despite increasing incidence, no widely accepted consensus exists for standardizing pilonidal disease management
- The guidelines are primarily intended for clinicians and healthcare professionals treating pilonidal disease patients, though they may also serve as a patient resource for understanding treatment options

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