

Mistakes in Familial Mediterranean Fever and how to avoid them

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Mistakes In Articles

Primary Care

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Familial Mediterranean fever is a prototypical autoinflammatory disorder caused by innate immune dysfunction, diagnosed clinically, and effectively treated with lifelong colchicine monotherapy.

KEY POINTS

- FMF is a monogenic disease with autosomal recessive inheritance characterized by unprovoked episodes of inflammation due to dysfunction of innate immunity.
- Although rare worldwide, FMF is prevalent in people of Mediterranean origin but patients can be encountered globally in the modern world.
- Diagnosis remains largely clinical and genetic testing has important limitations.
- Lifelong monotherapy with colchicine is well-established as effective in preventing both attacks and complications.

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