

A GLOBAL CONSENSUS ON THE DEFINITIONS, DIAGNOSIS AND MANAGEMENT OF FIBROSTENOSING SMALL BOWEL CROHN'S DISEASE

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Poster

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A global expert panel developed consensus recommendations for the diagnosis and management of fibrostenotic Crohn's disease using a RAND/UCLA appropriateness methodology.

KEY POINTS

- No accurate predictive biomarkers are currently available for naïve or anastomotic fibrostenosing strictures in Crohn's disease.
- Accurate diagnosis of fibrostenosing Crohn's disease requires cross-sectional imaging to evaluate bowel wall thickness, luminal narrowing, prestenotic dilatation, and potential inflammatory component.
- Abdominal cross-sectional imaging was considered necessary prior to any treatment decision.
- The panel of 27 global experts and one patient representative proposed approaches to medical, endoscopic, and surgical therapies, including technical characteristics for endoscopic balloon dilation and follow-up strategies.
- This consensus provides clinical guidance for diagnostic and therapeutic management in the absence of prior global consensus recommendations.

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