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Summary

ENDOSCOPIC TREATMENT FOR SHORT-SEPTUM ZENKER'S DIVERTICULUM: A COMPARISON OF TRADITIONAL FLEXIBLE ENDOSCOPY SEPTOTOMY AND PERORAL ENDOSCOPIC SEPTOTOMY

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A prospective single-center study of 94 patients found peroral endoscopic septotomy and flexible endoscopic septotomy equally effective and safe for treating short-septum Zenker's diverticulum under 25 mm.

KEY POINTS

- Technical success was achieved in 98.9% of patients with adverse events in 5.3% of cases, with no significant difference between POES and FES groups
- Clinical success at 12 months was observed in 91.5% of patients, while recurrence requiring retreatment occurred in 14.9% of cases, again with no significant difference between techniques
- Mean procedural duration was 25.3 minutes with mean hospital stay of 0.3 days, and 91.5% of procedures were performed under deep sedation
- The study included 94 patients with mean age 72.7 years and mean diverticulum size 17.0 mm, with 55 treated by POES and 39 by FES
- Clinicians managing symptomatic short-septum Zenker's diverticulum may find this comparative effectiveness data useful for technique selection

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