

Mistakes in bariatric surgery and how to avoid them

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Mistakes In Articles

Primary Care

Small Intestine & Nutrition

Surgery

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This material discusses common mistakes in managing bariatric surgery patients across preoperative, perioperative, and postoperative periods, acknowledging that high-level evidence is lacking for many aspects of surgical bariatric care.

KEY POINTS

- Bariatric surgery is accepted as a safe and effective treatment for morbid obesity and has gained widespread popularity over the past two decades.
- Advancements in surgical techniques, perioperative care, and fellowship-based training have substantially reduced morbidity and mortality rates.
- Several controversial aspects of surgical treatments for morbidly obese patients remain to be considered.
- The discussion is based on clinical experience rather than high-level evidence, which is lacking for many aspects of surgical bariatric care.
- This content would benefit clinicians involved in the care of bariatric surgery candidates and postoperative patients.

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