

INFLIXIMAB TREATMENT STRATEGIES IN ACUTE SEVERE ULCERATIVE COLITIS: A PROSPECTIVE, MULTINATIONAL STUDY

Gionata Fiorino

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Poster

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A prospective international cohort study of 823 patients with acute severe ulcerative colitis found that infliximab rescue therapy was required in 19% of hospitalized patients, with similar colectomy rates between standard-dose and high-dose regimens.

KEY POINTS

- Among 823 patients hospitalized for acute severe ulcerative colitis from 123 centers in 32 countries, 159 patients (19%) received infliximab as rescue therapy during admission.
- Infliximab was started after a median of 6 days after starting steroids, with 74% receiving an initial dose of 5 mg/kg and 23% receiving 10 mg/kg.
- Colectomy was performed in 35 patients (22%) within 90 days, with no statistically significant difference between the 5 mg/kg and 10 mg/kg groups (23% vs 19%, $p=0.6$).
- Overall response to infliximab was considered adequate in 74% of patients, numerically higher with 10 mg/kg dosing (83% vs 74%, $p=0.5$) though not statistically significant.
- This material is most relevant for gastroenterologists and colorectal surgeons managing hospitalized patients with acute severe ulcerative colitis.

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