

POST OPERATIVE RECURRENCE OF CROHN'S DISEASE AFTER COLONIC RESECTION: RESULTS FROM THE RESECOL STUDY BY GETECCU

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UEG Week Berlin 2025

Poster

IBD

October 5, 2025

In this Spanish retrospective study of 224 Crohn's disease patients who underwent colectomy, postoperative recurrence rates were significantly higher after subtotal colectomy compared to segmental colectomy despite similar prophylactic therapy.

KEY POINTS

- Clinical postoperative recurrence occurred in 63% of subtotal colectomy patients versus 38% of segmental colectomy patients, and endoscopic recurrence occurred in 71% versus 50% respectively, both statistically significant differences.
- Subtotal colectomy, smoking, and myenteric plexitis were independently associated with both clinical and endoscopic postoperative recurrence in multivariate analysis, with subtotal colectomy showing hazard ratios of 2.36 and 2.47 respectively.
- Surgical recurrence requiring reoperation occurred at similar rates in both groups at approximately 11-12% during a median follow-up of 19.5 months.
- Among patients with endoscopic recurrence, 70% also developed clinical recurrence, demonstrating substantial overlap between endoscopic and symptomatic disease.
- The authors conclude their data support favoring segmental resection when feasible, though they note prospective research is needed.

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