

IMPLEMENTATION OF CANCER PREVENTION TO PATIENTS WITH INFLAMMATORY BOWEL DISEASE ACCORDING TO RECOMMENDATION - HOW IT WORKS IN EVERYDAY PRACTICE ? RESULTS OF ONE CENTER CROSS-SECTIONAL STUDY

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Poster

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A cross-sectional study of 313 IBD patients in Poland found substantial gaps in adherence to cancer screening recommendations and persistent exposure to modifiable cancer risk factors.

KEY POINTS

- Among patients with colonoscopy recommended, only 27.3% had it performed, with significantly lower rates in Crohn's disease (16.9%) than ulcerative colitis (43.1%).
- Over 40% of patients did not undergo dermatological screening, and among those on immunosuppressants only 58.8% of CD patients and 35.8% of UC patients performed regular laboratory monitoring.
- Modifiable cancer risk factors were common: 16.3% were current smokers, 33.9% consumed alcohol, and rates of overweight and obesity ranged from 10.5% to 25.8% depending on disease type.
- While 80.2% of patients knew about HPV, most were not vaccinated; female patients had better adherence to breast (78.6-91.2%) and gynaecological screening (93.8%).
- The authors conclude that systematic dermatological check-ups should be recommended and that gastroenterologists, other specialists, and general practitioners should remind patients about regular cancer screening.

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