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Summary

LONG-TERM EFFICACY OF TRANSANAL DOPPLER-GUIDED HEMORRHOIDAL ARTERY LIGATION WITH MUCOPEXY (HAL-RAR) IN HEMORRHOIDAL DISEASE

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A 5-year study of 114 patients found a 7.9% long-term recurrence rate following HAL-RAR (Doppler-guided hemorrhoidal artery ligation with mucopexy) for grade II-IV internal hemorrhoids.

KEY POINTS

- At median 4-year follow-up, 9 of 114 patients (7.9%) experienced recurrence, consisting of 6 cases of muco-hemorrhoidal prolapse and 3 cases of post-defecation rectal bleeding.
- No patients developed anal stenosis or incontinence during the follow-up period.
- Recurrence showed no statistically significant relationship with preoperative symptoms (p=0.21) or hemorrhoid grade (p=0.17).
- 94% of patients reported satisfaction with the technique, and 4 relapsed patients who subsequently underwent Milligan-Morgan hemorrhoidectomy reported greater satisfaction with the HAL-RAR procedure.
- This material is relevant to proctologists and surgeons considering minimally invasive options for grade II-IV internal hemorrhoids resistant to medical treatment.

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