

LONG-TERM OUTCOMES OF PATIENTS WITH PRIMARY INTESTINAL FOLLICULAR LYMPHOMA MANAGED WITH WATCH-AND-WAIT STRATEGY

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A retrospective multicenter study of 73 patients with localized primary intestinal follicular lymphoma managed with watch-and-wait showed excellent long-term outcomes over a mean follow-up of 8.3 years.

KEY POINTS

- Disease-specific survival was 100% at both 5 and 10 years, with no patient dying of progressive lymphoma.
- Overall survival rates were 92.9% at 5 years and 87.1% at 10 years, with event-free survival of 91.1% and 86.9% respectively.
- Spontaneous resolution of follicular lymphoma occurred in 16.4% of patients during follow-up.
- Events included disease progression in 7 patients, initiation of therapy in 7 patients, and no cases of histologic transformation to aggressive lymphoma.
- The authors conclude that watch-and-wait is a reasonable initial management approach for primary intestinal follicular lymphoma given the indolent long-term clinical course.

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