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Summary

NON-SEDATIVE TRANSNASAL ESOPHAGOGASTRODUODENOSCOPY IN JAPANESE POPULATION-BASED SCREENING FOR GASTRIC CANCER IS INTOLERABLE FOR SOME PARTICIPANTS: REAL-WORLD DATA FROM A MULTICENTER ON-SITE QUESTIONNAIRE SURVEY

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Oesophagus

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A real-world questionnaire survey of 1011 population-based gastric cancer screening participants in Japan found that non-sedative transnasal esophagogastroduodenoscopy was intolerable for a substantial proportion of participants, with 38.7 percent of transnasal endoscopy recipients preferring sedated endoscopy next time.

KEY POINTS

- The study surveyed participants who received non-sedative EGD at 16 institutions in Shinagawa-ku Tokyo from April 2021 to August 2022, with 1011 of 1063 participants consenting to answer.
- Among participants who received transnasal endoscopy, 38.7 percent (218 of 564 valid responses) expressed a preference for sedated endoscopy at their next screening.
- Overall, 391 participants hoped to receive sedated EGD next time, whereas 576 participants indicated they could take non-sedative EGD again.
- The proportion of participants who answered 3 points or less (more comfortable) on the four discomfort scales ranged from 68 to 85 percent.
- The authors conclude that support for participants who are intolerable to non-sedative EGD in the population-based screening program should be considered in Japan.

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