

SKIN LESIONS AMONG INFLAMMATORY BOWEL DISEASE PATIENTS IN UNIVERSITY HOSPITAL

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Poster

IBD

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A prospective study of 162 IBD patients at a Lithuanian university hospital found that 29% had cutaneous lesions considered related to their inflammatory bowel disease, with no difference in prevalence between ulcerative colitis and Crohn's disease patients.

KEY POINTS

- Among 117 ulcerative colitis patients, 29.9% had IBD-related skin lesions, compared to 26.7% among 45 Crohn's disease patients, with no statistically significant difference between groups.
- The most common cutaneous lesions in ulcerative colitis were eczema (7.7%) and psoriasis (6.8%), while in Crohn's disease the most common were erythema nodosum (6.7%), psoriasis (4.4%), and eczema (4.4%).
- Pyoderma gangrenosum and erythema nodosum each affected 3.7% of all IBD patients overall.
- Among ulcerative colitis patients, skin lesions were more frequent with greater disease extent: 11.8% with proctitis, 23.3% with left-sided colitis, and 38.6% with pancolitis ($p < 0.05$ between proctitis and pancolitis).
- This study addresses a gap in epidemiological data on the prevalence of cutaneous manifestations in IBD patients.

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