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Summary

IMPACT OF SURGERY ON THE PSYCHOLOGICAL PROFILE OF INFLAMMATORY BOWEL DISEASE PATIENTS: A PROSPECTIVE STUDY

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UEG Week Vienna 2024 | Poster

IBD

October 13, 2024

A prospective study of 43 IBD patients undergoing surgery found that 41.9% experienced preoperative anxiety and 7% developed postoperative depression requiring psychiatric consultation.

KEY POINTS

- Among 43 operated IBD patients (81.4% Crohn's disease, 18.6% ulcerative colitis), 18 patients (41.9%) experienced preoperative anxiety and 7 patients (16.3%) had fear of death, while 24 patients (55.8%) were indifferent to the surgical announcement.
- Main preoperative concerns included postoperative pain (14%), potential complications (16.3%), procedural failure (14%), and fear of dying (16.3%), though 58.1% expressed no anxiety.
- Postoperatively, 86% had unremarkable psychological experience, 7% reported transient sadness, and 7% developed depression prompting psychiatric consultation.
- The study was conducted at CHU Ibn Sina Rabat between August 2021 and August 2023, including both emergency (67.4%) and scheduled (32.6%) surgeries for various indications including stenosis (41.8%), abscess (18.6%), and fistula (9.3%).

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