

NATIONWIDE CROSS-SECTIONAL SURVEY STUDY ON THE PSYCHOLOGICAL EFFECTS EXPERIENCED BY PORTUGUESE GASTROENTEROLOGISTS FOLLOWING ENDOSCOPIC ADVERSE EVENTS

Inês Trindade

UEG Week Berlin 2025

Poster

October 7, 2025

A nationwide Portuguese survey of 70 gastroenterologists found that while most who experienced endoscopic adverse events reported mild to moderate psychological distress, none sought psychological support.

KEY POINTS

- Nearly all participants (69 of 70) had encountered adverse events, most reporting 1 to 5 incidents, yet none sought psychological support afterward.
- Median scores indicated mild levels of stress (6.00), anxiety (4.00), and depression (4.00) on DASS-21, with moderate levels of compassion satisfaction (41.00), burnout (25.5), and traumatic stress (24.00) on ProQOL-5.
- Gastroenterologists who faced legal repercussions showed higher compassion satisfaction (52.50 vs. 33.33, $p=0.025$), while those who discontinued specific techniques reported higher anxiety (56.17 vs. 31.88, $p=0.026$).
- The authors note this is the first published study on the psychological impact of endoscopic adverse events on gastroenterologists and suggest a need for psychological support and further research.
- This material is most relevant to gastroenterologists, endoscopy program leaders, and those designing wellness interventions for procedural specialists.

VIEW THIS CONTENT ON GUTFLIX

<https://gutflīx.eu/search/d/14f77d08-a815-11f0-8112-0242ac140006>



AI-generated summary

This summary was generated by an AI large language model based on the content transcript. It is for informational purposes only and should not be considered a substitute for clinical judgment. Always rely on your professional expertise and the full clinical context when making clinical decisions.