

HELICOBACTER PYLORI INFECTION DIAGNOSIS AND MANAGEMENT: CURRENT PRACTICES OF GREEK GASTROENTEROLOGISTS

IOANNIS GOULIS

UEG Week Copenhagen 2023

Poster

Stomach & H. Pylori

October 15, 2023

A survey of 180 Greek gastroenterologists found that the majority follow international guidelines for H. pylori diagnosis and treatment, though 55.8% test patients with GERD contrary to recommendations.

KEY POINTS

- 98.3% of respondents order H. pylori testing for peptic ulcer disease, 95.6% for gastric lymphoma, 90.1% for family history of gastric cancer, and 92.8% for endoscopic gastritis, but 55.8% also test GERD patients.
- Histopathology was preferred by 60.6% for testing during endoscopy, while urea breath test was preferred by 67.8% when testing was decided independent of endoscopy, with test sensitivity being the most important factor for method selection.
- 90% use guideline-supported quadruple eradication regimens, with 51.7% prescribing 10-day courses and 44.4% prescribing 14-day courses, and 65.6% systematically recommend adding probiotics to standard therapy.
- 96.7% of gastroenterologists always or usually confirm eradication, with 79.4% using urea breath test for confirmation.
- Respondents estimated Clarithromycin resistance in Greece at 21-30% (45.4%), 11-20% (19.3%), or 31-40% (14.9%).

VIEW THIS CONTENT ON GUTFLIX

<https://gutflix.eu/search/d/22c76908-743b-11ee-80e7-0242ac140004>



AI-generated summary

This summary was generated by an AI large language model based on the content transcript. It is for informational purposes only and should not be considered a substitute for clinical judgment. Always rely on your professional expertise and the full clinical context when making clinical decisions.