

GENDER IMPACT TO ENDOSCOPIC SLEEVE GASTROPLASTY OUTCOMES

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Poster

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A matched-pair analysis of 160 patients undergoing endoscopic sleeve gastroplasty found that women achieved more durable weight loss than men over 30 months of follow-up.

KEY POINTS

- Women had higher total body weight loss at 30 months compared to men (15.2% vs 9.6%) and higher excess weight loss (41.7% vs 24.3%).
- Men presented with higher baseline BMI than women (40.7 kg/m² vs 39.8 kg/m²) but experienced less sustained weight loss outcomes.
- At 12 months post-ESG, women showed greater total body weight loss (17.2%) compared to men (14.9%).
- The study represents the first investigation of gender impact on weight loss outcomes after endoscopic sleeve gastroplasty, with data from 160 patients treated between 2017 and 2021.

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