

Mistakes in endoscopic treatment of Barrett oesophagus neoplasia and how to avoid them

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Mistakes In Articles

Oesophagus

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This material addresses common mistakes in the endoscopic management of Barrett's oesophagus neoplasia and provides practical recommendations for avoiding them.

KEY POINTS

- Barrett's oesophagus is a premalignant condition of the distal oesophagus that predisposes to oesophageal adenocarcinoma, which has a poor prognosis when diagnosed at a symptomatic stage.
- Patients with Barrett's oesophagus undergo regular endoscopic surveillance to detect neoplastic progression at an early, endoscopically treatable stage.
- Endoscopic management of early Barrett's oesophagus neoplasia combines endoscopic imaging, endoscopic resection, and endoscopic ablation.
- The discussion draws on existing guidelines including the ESGE Barrett's oesophagus guideline, though the authors note that underlying evidence is often missing and many recommendations are based on common sense and their clinical experience.

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