

EVALUATION OF SURVIVAL OUTCOMES IN PATIENTS RECEIVING PALLIATIVE HOME PARENTERAL NUTRITION: RESULTS FROM A UK TERTIARY REFERRAL CENTRE

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Poster

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A retrospective study of 77 patients with advanced malignancy receiving palliative home parenteral nutrition found a median overall survival of 58 days with 69% three-month mortality, and no patient factors including performance status or prognosis estimates significantly predicted survival.

KEY POINTS

- Median overall survival was 58 days (IQR 31-108) with a three-month mortality of 69% among patients discharged on palliative home parenteral nutrition
- Performance status, estimated prognosis, modified Glasgow prognostic score, and tumour type did not show statistically significant impact on overall survival
- The cohort consisted of 77 patients (77% female, median age 60 years) with predominantly gynaecological and gastrointestinal malignancies (78%), of whom 95% had metastatic disease and 84% had mechanical bowel obstruction as the indication for home parenteral nutrition
- At baseline, 88% of patients had performance status scores of 2 or better and 49% had an estimated prognosis exceeding three months
- The authors conclude that the findings highlight challenges in artificial nutrition for this population and emphasize the role of multidisciplinary team care

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