

OUTCOMES FROM A VIRTUAL CLINIC DEVELOPED TO MANAGE GI CONSEQUENCES OF COLORECTAL CANCER

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UEG Week Copenhagen 2023

Poster

Colorectal

October 15, 2023

A virtual telephone gastroenterology clinic for post-colorectal cancer treatment symptoms identified specific causes in most of 66 patients and achieved symptom improvement, with mean GSRS scores reducing from 25 to 16.

KEY POINTS

- 66 patients (median age 71) with chronic gastrointestinal symptoms following colorectal cancer treatment were reviewed via telephone consultation between October 2020 and September 2022, with mean symptom duration of 33 months.
- Most common symptoms were loose stool (45 patients), bloating/wind (31), frequency (31), and urge (28), with incontinence affecting 19 patients.
- Investigation outcomes included bile acid malabsorption (12 patients), constipation (13), dual pathology (11), and pancreatic insufficiency (8), among other diagnoses.
- Mean cost per patient package of care was £803.53 (range £86.83-£1778.49), and treatment frequently led to symptom improvement as measured by GSRS.
- The authors recommend earlier specialist referral using objective questionnaires; results were consistent with previously reported face-to-face consultation data.

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