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Summary

INCIDENCE AND DISEASE COURSE OF POUCHITIS IN PATIENTS WITH ULCERATIVE COLITIS AND AN ILEAL POUCH-ANAL ANASTOMOSIS (IPAA)– A DANISH POPULATION-BASED COHORT STUDY

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A population-based Danish cohort study found that 52% of ulcerative colitis patients who underwent ileal pouch-anal anastomosis developed pouchitis over a median follow-up of 8.4 years.

KEY POINTS

- Among 233 UC patients who had IPAA between 1993 and 2021, 122 patients experienced 421 pouchitis events, with episodes ranging from 1 to 25 per patient.
- The majority of pouchitis events were acute (78% lasting ≤28 days) and episodic (74% with <3 episodes per year), while 26% of affected patients had relapsing pouchitis (≥3 episodes per year).
- Mean time from IPAA construction to first pouchitis episode was 27.24 months, with mean episode duration of 25.69 days and mean interval between episodes of 373.53 days.
- Survival analysis showed that 56% of patients with episodic pouchitis and 14% with relapsing pouchitis developed their condition within 10 years.
- This material would be most relevant to gastroenterologists managing UC patients considering or following IPAA surgery.

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