

IMPACT OF USTEKINUMAB ON EXTRAINTESTINAL MANIFESTATIONS AND IMMUNOMEDIATED DISEASES IN A COHORT OF PATIENTS WITH ULCERATIVE COLITIS IN REAL LIFE: THE ULISES STUDY

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In a multicenter cohort of 376 heavily pre-treated ulcerative colitis patients, ustekinumab was associated with improvement in disease-activity-related extraintestinal manifestations while some non-disease-related immune-mediated conditions worsened, and new-onset extraintestinal manifestations occurred in 4% of patients.

KEY POINTS

- Among 65 patients with active extraintestinal manifestations or immune-mediated diseases at ustekinumab start, outcomes varied by condition: peripheral arthropathy showed 23% remission and 31% improvement, psoriasis showed 64% remission and 9% improvement, while rheumatoid arthritis showed 50% worsening and axial spondyloarthritis showed 38% worsening.
- New extraintestinal manifestations or immune-mediated diseases developed in 15 patients (4%) after starting ustekinumab, most commonly peripheral arthropathy (1.6%) and other conditions (1.6%).
- The study population was heavily pre-treated with 91% having prior multiple surgeries score greater than 2, 96% previously exposed to biologics, and 25% having failed anti-TNF, vedolizumab, and tofacitinib.
- Authors concluded that improvement was observed in manifestations related to ulcerative colitis activity, while conditions not related to disease activity such as axial spondyloarthritis, uveitis, and rheumatoid arthritis worsened, and ustekinumab treatment did not appear associated with increased risk of developing new extraintestinal manifestations or immune-mediated diseases.

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