

EFFICACY AND SAFETY OF COMBINED ENDOSCOPIC MUCOSAL RESECTION AND ENDOSCOPIC FULL-THICKNESS RESECTION (HYBRID-EFTR) FOR LARGE NON-LIFTING COLORECTAL ADENOMA

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Poster

Colorectal

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Single-center retrospective study of 75 patients reports outcomes of hybrid endoscopic mucosal resection combined with full-thickness resection for large non-lifting colorectal adenomas not amenable to either technique alone.

KEY POINTS

- Technical success was 100% with macroscopic complete resection in 97.3% of cases; mean lesion size was 36.5 mm (range 25-60 mm) and 66.6% were right-sided.
- Adverse events occurred in 6.7% of patients with surgical intervention required in 1.3%; mean procedure time was 83.6 minutes.
- At mean 8.1-month endoscopic follow-up (available in 93.3%), 88.6% showed no residual or recurrent adenoma; recurrence in 11.4% was treated endoscopically.
- Histology revealed T1 carcinoma in 16% of resected lesions.
- The authors conclude the hybrid technique is safe and effective, expanding EFTR indications for selected patients with advanced colorectal adenomas.

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