gutflix
GI learning, personalised

Summary

PATIENT PREFERENCES REGARDING MEDICAL TREATMENT OPTIONS IN EOSINOPHILIC ESOPHAGITIS

Karin Steidl

UEG Week Vienna 2024 | Poster

Oesophagus

October 13, 2024

A survey of 56 patients with eosinophilic esophagitis from Switzerland, Austria, and Germany found that patients prefer swallowed topical therapy over other treatment routes but harbor concerns about long-term treatment and adverse events.

KEY POINTS

- 71% of patients ranked swallowed topical therapy as their preferred treatment option, followed by subcutaneous therapy every 4 weeks (21.4%) and oral therapy with systemic effect (7%).
- 42% of patients are skeptical about long-term medical treatment and 65% are afraid of adverse events, while 48% believe physicians underemphasize medication adverse events.
- One third of patients are not aware that swallowed topical corticosteroids are locally effective medications with nearly no systemic effect.
- 85% of patients understand the importance of treating inflammation in addition to symptoms.
- The authors conclude that patient education should be carried out to address reservations about long-term treatment in eosinophilic esophagitis.

VIEW THIS CONTENT ON GUTFLIX

https://gutflix.eu/search/d/fe70ae2c-9110-11ef-82c7-0242ac140004

AI-generated summary

This summary was generated by an AI large language model based on the content transcript. It is for informational purposes only and should not be considered a substitute for clinical judgment. Always rely on your professional expertise and the full clinical context when making clinical decisions.